

Maa Yoga Retreat in Rishikesh

-From Rishikesh-

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THINGS INCLUDED



1 Days 0 Nights



Hotel



Meal

PACKAGE HIGHLIGHTS



START | Rishikesh



END | Rishikesh

PACKAGE ITINERARY

Day1: Maa Yoga Retreat in Rishikesh

- 05:30 AM to 07:00 AM Yoga (Hatha, Ashtanga, Vinyasa)
- 07:00 (Monday, Wednesday, Friday) Ganga Walk
- 07:30 Fire Ceremony
- 08:30 Ayurvedic Breakfast (Prasadam)
- 9:00 AM to 09:40 AM Mantra chanting
- 10:30 Ayurvedic consultation and treatments *
- 13:30 Ayurvedic Lunch (Prasadam)
- 04:30 PM to 06:30 PM Pranayam, Meditation & Yoga (Hatha, Ashtanga, Vinyasa)
- 18:30 Ganesh Arti
- 19:30 Ayurvedic Dinner (Prasadam)
- 22:00 Lights out
- (Ayurvedic consultations and treatments are subject to charges.)

› Maa Yoga Retreat in Rishikesh Package Price

Guest Capacity	Cost Per Person
1	Rs.5000
2	Rs.10000

› Package Inclusion

- Comfortable accommodation for the set duration of the retreat
- 3 delicious and healthy Sattvic meals with herbal tea
- Exciting activities: mountain climbing, camping, etc. (depending on the duration of retreat)
- Relaxing services like spa treatments and more (depending on the duration of retreat)
- Visits to cultural events and religious places: Ganga Arti, Lakshman Jhula, etc.
- Multi-style Yoga practices

› Package Exclusion

- Airflight, visa, and travel charges
- Personal expenses
- Personal clothing and shoes (extra layers depending on the season)
- Personal hygiene items (sunscreen, topical medications, etc.)
- Insurance and any other liabilities
- Private trips besides those organized by our school
- Longer stay after the end of retreat (available at additional charges)

Why Choose Us?

- Dedicated Expert Support, Every Step
- One-Stop Solution: Car, Stay & Puja - All Arranged for You!
- Thousands of Happy Pilgrims Trust Us
- Flexible Plans to Fit Your Schedule
- From Road to Sky - Cars to Helicopters, We've Got It All!
- Flexible, Personalized Pilgrimage Packages
- Safe & Reliable Drivers for Your Family
- One Trusted Path For All Pilgrimages

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