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Stay Religious, Stay Blessed !

Maa Yoga Ayurveda Retreat in Rishikesh

-From Rishikesh-

Book Now →



THINGS INCLUDED

1 Days 0 Nights | **Hotel** | **Meal**

PACKAGE HIGHLIGHTS

START | Rishikesh

END | Rishikesh

PACKAGE ITINERARY

Day 1: Maa Yoga Ayurveda Retreat in Rishikesh

- 05:30 AM to 07:00 AMYoga (Hatha, Ashtanga, Vinyasa)07:00 AM(Monday, Wednesday, Friday) Ganga Walk07:30 AMFire Ceremony08:30 AMAyurvedic Breakfast (Prasadam)9:00 AM to 09:40 AMMantra chanting10:30 AMAyurvedic consultation and treatments *1:30 PMAyurvedic Lunch (Prasadam)04:30 PM to 06:30 PMPranayam, Meditation & Yoga (Hatha, Ashtanga, Vinyasa)6:30 PMGanesh Arti7:30 PMAyurvedic Dinner (Prasadam)10:00 PMLights out(Ayurvedic consultations and treatments are subject to charges)

❯ Maa Yoga Ayurveda Retreat in Rishikesh

Guest Capacity	Cost Per Person
1	Rs.6000
2	Rs.5500

❯ Package Inclusion

- Individual consultations from Ayurvedic doctors
- Personalised treatment and diet plan with lifestyle suggestions
- Yoga practice and meditation therapy sessions
- Comfortable accommodation for the set duration of the retreat
- Ayurvedic vegetarian meals with herbal tea
- Multi-style Yoga practices and meditation sessions guided by experts
- Relaxing services like Ayurvedic therapies, Shirodhara therapy, sauna baths, herbal oil facials and massages, and more
- Visits to cultural events and religious places: Ganga Arti, Lakshman Jhula, etc.

❯ Package Exclusion

- Comfortable Clothing: Easy-to-wear, loose-fitting clothing for comfort
- Personal Care Products: Natural toiletries, a refillable bottle, and all hygiene items.
- Light Jacket or Shawl: For cooler evenings or early mornings.
- Sunglasses and Sunscreen: To avoid sun exposure during outdoor activities.

Why Choose Us?

- Dedicated Expert Support, Every Step
- One-Stop Solution: Car, Stay & Puja - All Arranged for You!
- Thousands of Happy Pilgrims Trust Us
- Flexible Plans to Fit Your Schedule
- From Road to Sky - Cars to Helicopters, We've Got It All!
- Flexible, Personalized Pilgrimage Packages
- Safe & Reliable Drivers for Your Family
- One Trusted Path For All Pilgrimages

Book Now →