YatraDham.Org
Stay Religious, Stay Blessed !

4 Night 5 Days Ayurvedic Treatment Package

-From Mysore-

Book Now →



THINGS INCLUDED

1 Days 0 Nights	Hotel	Meal

PACKAGE HIGHLIGHTS

START | Mysore

END | Mysore

PACKAGE ITINERARY

4 Night 5 Days Ayurvedic Treatment Package Schedule

- Mysore pick up & drop
- Check in - 12.00 PM
- Check out - 11.00 AM
- IVAC campus tour
- Consultation with the doctor
- Accommodation for four nights
- All Meals (Breakfast, Lunch & Dinner)
- The Package Starts with Lunch & ends with Breakfast.
- Three sessions of Abhyanga & Sweda
- Any one Session of Laghu Dhara
- Any two sessions of Basti
- Any Two Beauty Therapies.
- One Session of Netratarpana.
- Four sessions of Yoga & Four sessions of Yoga Nidra

❯ Yoga Retreat Package Price

Type of Accommodation (Tariff)	Single	Double
Standard Non A/C	48,405	84,140
Deluxe A/C	73,670	109,405
Superior Deluxe A/C	75,710	111,445
Superior Deluxe A/c Garden View	79,790	115,525
Cottage A/c	84,065	119,800
Suite A/c	93,155	128,890
Suite A/c Garden View	101,670	137,400
Premium A/c	109,250	144,985

❯ Package Inclusion

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❯ Package Exclusion

- Personal expenses
- Optional Activities
- Medical Costs
- Yoga Equipment
- Airfare, visa, and travel charges
- Late Check-In/Check-Out Fees
- Additional Accommodation
- Stays before or after Treatment dates
- Insurance and any other liabilities
- Tips, gratuities, and donations
- Medical treatments or consultations
- Prescription medications or first aid items
- Treatments or therapies not included in the package
- Personal clothing and shoes (extra layers depending on the season)
- Personal hygiene items (sunscreen, topical medications, etc.)
- Excursions, tours, or activities not part of the official Ayurvedic Treatment schedule
- Charges for early arrival or late departure (unless arranged in advance)
- Personal yoga mats, props, or attire (unless provided as part of the package)
- Room upgrades or special requests not included in standard pricing
- Comfortable Clothing: Easy-to-wear, loose-fitting clothing for comfort
- Personal Care Products: Natural toiletries, a refillable bottle, and all hygiene items.
- Light Jacket or Shawl: For cooler evenings or early mornings.
- Sunglasses and Sunscreen: To avoid sun exposure during outdoor activities.
- Companion Supplement without Ayurveda treatment (INR 1700 per head per night for food, including Breakfast, Lunch & Dinner)
- These treatments are indicative and are subject to change on Doctor's Consultation. Treatments are prescribed based on the body constitution of the individual.
- Any Treatment / s not included in the package (Like- PBM, Physiotherapy, personal yoga session, or any other Ayurveda therapies) will be charged extra as per the tariff.
- To avoid prejudiced service by any of our team member,s we request you to avoid

tipping practice and if you wish to show your gratitude to all people working hard to heal you, then you may pay a certain % of your bill amount, which shall be equally distributed to everyone.

Why Choose Us?

- Dedicated Expert Support, Every Step
- One-Stop Solution: Car, Stay & Puja - All Arranged for You!
- Thousands of Happy Pilgrims Trust Us
- Flexible Plans to Fit Your Schedule
- From Road to Sky - Cars to Helicopters, We've Got It All!
- Flexible, Personalized Pilgrimage Packages
- Safe & Reliable Drivers for Your Family
- One Trusted Path For All Pilgrimages

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