

Akhanda Anand Prakash Yoga Retreats

-From Rishikesh-

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THINGS INCLUDED



1 Days 0 Nights



Hotel



Meal

PACKAGE HIGHLIGHTS



START | Rishikesh



END | Rishikesh

PACKAGE ITINERARY

Day1: Akhanda Anand Prakash Yoga Retreats

- 5:20–5:50 am: Meditation
- 6:00–7:30 am: Morning Yoga (Asana, Pranayama, Mantra, Meditation)
- 7:50 am: Agni Hotra (Fire Puja)
- 8:45–9:15 am: Breakfast
- 12:30 pm: Lunch
- 4:30–6:00 pm: Evening Yoga (except Sundays)
- 6:30 pm: Dinner
- 7:15–8:00 pm: Kirtan (Tuesdays and Thursdays)
- 9:00 pm: Silence observed until after breakfast
- (Ayurvedic consultations and treatments are subject to charges.)

› Akhanda Anand Prakash Retreats

Guest Capacity	Cost Per Person
Shared Room (Per Person)	Rs.3000 + Tax Per Night
Private Room (Per Person)	Rs.4500 + Tax Per Night

› Package Inclusion

- 2 x daily yoga classes (except Sunday)
- 3 x sattvic vegetarian meals per day
- Guided Meditation
- Yogic Agni Hotra (Fire Puja/Vedic Havan)
- Kirtans (Every Tuesday and Thursday)
- Practice Spaces: Indoor and rooftop studios, open-air fire altar, and quiet areas for meditation.

› Package Exclusion

- Airfare, visa, and travel charges
- Personal expenses
- Personal clothing and shoes (extra layers depending on the season)
- Personal hygiene items (sunscreen, topical medications, etc.) Insurance and any other liabilities
- Private trips besides those organized by our school
- Longer stay after the end of the retreat (available at additional charges)

Why Choose Us?

- Dedicated Expert Support, Every Step
- One-Stop Solution: Car, Stay & Puja - All Arranged for You!
- Thousands of Happy Pilgrims Trust Us
- Flexible Plans to Fit Your Schedule
- From Road to Sky - Cars to Helicopters, We've Got It All!
- Flexible, Personalized Pilgrimage Packages
- Safe & Reliable Drivers for Your Family
- One Trusted Path For All Pilgrimages

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