

Abhayaranya Yoga Ashram

-From Rishikesh-

[Book Now →](#)



THINGS INCLUDED



3 Days 2 Nights



Hotel



Meal

PACKAGE HIGHLIGHTS



START | Rishikesh



END | Rishikesh

PACKAGE ITINERARY

Day 1: Yoga Retreat Schedule

- 11:00 am to 12:00 pm Ayurveda Therapy 12:00 pm to 01:00 pm Workshop/in-house activities 1:30 PM Lunch 05:00 pm to 06:30 pm Asana and Meditation 7:30 PM Dinner 10:00 PM Lights Off

Day 2: Yoga Retreat Schedule

- Time Activity 6:00 AM Wake up 06:30 am to 06:45 am Yogic Cleansing (Jalneti) 06:45 am to 07:00 am Mantra Chanting 07:00 am to 08:30 am Asana, Pranayama, and Meditation 9:30 AM Breakfast 11:00 am to 12:00 pm Ayurveda Therapy 12:00 pm to 01:00 pm Workshop/in-house activities 1:30 PM Lunch 05:00 pm to 06:30 pm Asana and Meditation 7:30 PM Dinner 10:00 PM Lights Off

Day 3: Yoga Retreat Schedule

- Time Activity 6:00 AM Wake up 06:30 am to 06:45 am Yogic Cleansing (Jalneti) 06:45 am to 07:00 am Mantra Chanting 07:00 am to 08:30 am Asana, Pranayama, and Meditation 9:30 AM Breakfast

› Abhayaranya Yoga Ashram

Details	Guest Capacity	Cost Per Person
Person	1	Rs. 26000

› Package Inclusion

- Three vegetarian meals a day
- Daily yoga asana classes
- Daily pranayama and yogic cleansing
- Daily meditation
- Pick-up service From Dehradun Airport at guest's expense

› Package Exclusion

- Airfare and Transportation
- International or domestic flights
- Airport transfers (unless otherwise specified)
- Travel Insurance
- Personal or medical travel insurance
- Trip cancellation or interruption coverage
- Visa Fees and Documentation
- Passport or visa application fees
- Any travel documents or permits required
- Meals and Beverages Not Specified
- Meals outside the retreat itinerary
- Alcoholic beverages or specialty drinks
- Personal Expenses
- Laundry, telephone calls, or personal shopping
- Tips, gratuities, and donations
- Optional Activities
- Spa treatments, massages, or therapies not included in the package
- Sightseeing expenses are not included. You may explore nearby places (like Laxman Jhula, Ram Jhula, Ganga Ghat, etc.) at your own cost.
- Excursions, tours, or activities not part of the official retreat schedule
- Medical Costs
- Medical treatments or consultations
- Prescription medications or first aid items
- Late Check-In/Check-Out Fees
- Charges for early arrival or late departure (unless arranged in advance)
- Yoga Equipment
- Personal yoga mats, props, or attire (unless provided as part of the package)
- Additional Accommodation
- Stays before or after retreat dates
- Room upgrades or special requests not included in standard pricing

Why Choose Us?

- Dedicated Expert Support, Every Step
- One-Stop Solution: Car, Stay & Puja - All Arranged for You!
- Thousands of Happy Pilgrims Trust Us
- Flexible Plans to Fit Your Schedule
- From Road to Sky - Cars to Helicopters, We've Got It All!
- Flexible, Personalized Pilgrimage Packages
- Safe & Reliable Drivers for Your Family
- One Trusted Path For All Pilgrimages

Book Now →